



Let's Do Lunch!

April 2016

Monday	Tuesday	Wednesday	Thursday	Friday
28 Bratwurst w/ Sauerkraut Sweet Potato Soufflé Cauliflower & Broccoli Dinner Roll w/ Margarine Muffin 1% Milk	29 Chef Salad w/ Turkey & Ham Pasta Salad w/ Marinated Vegetables Crackers Mandarin Oranges 1% Milk	30 Red Chile Beef Enchiladas Pinto Beans Spinach Tapioca Pudding 1% Milk	31 Chicken Cacciatore Scalloped Potatoes Bread Stick w/ Margarine Pineapple 1% Milk	1 Pollock w/ Tartar Sauce Wild Rice Green Beans w/ Mushrooms Crescent Roll w/ Margarine Banana 1% Milk
4 Spaghetti with Meat Sauce Asparagus Garlic Bread Cold Peaches 1% Milk	5 Chicken Teriyaki White Rice Baby Carrots Whole Wheat Roll w/ Margarine Pear 1% Milk	6 Salmon Caesar Salad Cold Orzo with Red & Green Peppers Wheat Crackers Strawberries 1% Milk	7 Turkey Pot Pie Broccoli w/ Cheese Low Sodium Crackers Warm Apple Crisp 1% Milk	8 Salisbury Steak w/ Mushroom Gravy Steakhouse Mash Potatoes Green Beans w/ Mushrooms Dinner Roll w/ Margarine Chocolate Pudding 1% Milk
11 Sloppy Joes Red Potatoes Brussel Sprouts Apple 1% Milk	12 Carne Adovada Pinto Beans Squash Tortilla w/ Margarine Mandarin Oranges 1% Milk	13 Chicken Alfredo Italian Vegetables Garlic Bread Stick w/ Margarine Banana Bread 1% Milk	14 Open Faced Turkey Sandwich Stuffing w/ Gravy Oriental Vegetables Wheat Crackers Jell-O w/ Fruit Cocktail 1% Milk	15 Spinach Omelet Fried Potatoes & Onions Stewed Tomatoes Wheat Bread w/ Margarine Cinnamon Applesauce 1% Milk
18 Ham Macaroni & Cheese Beets Dinner Roll w/ Margarine Warm Cherry Cobbler 1% Milk	19 Chicken Salad Sandwich Potato Salad Marinated Cucumber & Red Onions Cantaloupe 1% Milk	20 Beef Tips w/ Rice Asparagus Biscuit w/ Margarine Red Grapes 1% Milk	21 Frito Pie Calabacitas Crackers Granola Bar 1% Milk	22 Pollock w/ Tartar Sauce Sweet Potatoes Green Beans w/ Red Peppers Dinner Roll w/ Margarine Cottage Cheese w/ Pineapple 1% Milk
25 Chicken Stir Fry White Rice Carrot Coins Wheat Bread w/ Margarine Pineapple Chunks 1% Milk	26 Turkey Ziti California Blend Vegetables Cornbread w/ Margarine Pears 1% Milk	27 Chicago Dogs Baked Potato w/ Sour Cream & Margarine Broccoli Fruit Cocktail 1% Milk	28 BBQ Brisket on a Hoagie Roll Baked Beans Mixed Vegetables Low Fat Yogurt 1% Milk	29 Pork Chops w/ Green Chile Sauce Wild Rice Butternut Squash Wheat Roll w/ Margarine Oatmeal Cookie 1% Milk

We reserve the right to alter the menu to meet food availability.

Diabetic clients should not be given sugar and bread; only upon request.